

WORKFORCE DEVELOPMENT & CONTINUING EDUCATION





FITNESS



TRAINING



GARDENING



COLLEGE FOR KIDS

www.sunybroome.edu/ce

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Yoga

Youth Programs

Online registration is available for most of our programs, including College for Kids!

Log on to: www.sunybroome.edu/ce

19

12-13

See website for registration date.

COLLEGE FOR KIDS



Send your youngster to college this summer! Choose from a very special selection of programs that encourage your child to explore and learn while having fun. Taught by experienced early childhood professionals and certified teachers, College for Kids classes use hands-on learning to spark curiosity and strengthen basic skills. Give your child a positive classroom experience on a college campus, and opportunities to learn about a variety of subjects in a fun and stimulating environment. Our dedicated staff escort your child between all classes, with safety assured. Invest in your child's future...send your

kid to college this summer! Lunch is included as part of the full day registration at no additional charge. Sign your child up for the full day program for a discounted fee of \$229.

College for Kids Registration

Last summer, College for Kids was filled to capacity. So that we can better serve the families of our full-day attendees, we will observe these registration periods:

See website for registration date.

Registrations for PART-DAY (By Phone Only) begins June 1st

College for Kids registrations and cancellations accepted until June 19 $^{ extsf{TH}}$

No refunds issued after June 19[™]

Activity Schedule

Week 1 : July 6 [™] -10 [™] Ages 7-9					
9:00-10:30 a.m.	10:45 a.m12:15 p.m.	1:00 - 2:30 p.m.	2:45 – 4:15 p.m.		
Learn to Code	Digital Mixed Media	Keyboarding	Introduction to Spanish		
DIY Bedroom Makeover	Slime	STEM Madness	Cupcake Decorating		
Jazzy Jewelry	Painting Galore	Dance	Little Yogis		
Legos	Learning About Nature	Clay Sculpting	Cartooning		
Theater Games	On Stage	Criminology and CSI	Paleontology (Dinosaur Fun)		

Week 2 : July 13 [™] -17 [™] Ages 10-13					
9:00-10:30 a.m.	10:45 a.m 12:15 p.m.	1:00 - 2:30 p.m.	2:45 - 4:15 p.m.		
Learn to Code	Digital Mixed Media	Keyboarding	Introduction to Spanish		
DIY Bedroom Makeover	Slime	STEM Madness	Cupcake Decorating		
Soap Making Creations	Zentangle Art	Dance	Yogafit		
Legos	Learning About Nature	Clay Sculpting	Cartooning		
Theater Games	On Stage	Criminology and CSI	Babysitting 101		
Stop-Motion Filmmaking	Inside Out	Rock Painting	Fun with Art		

9:00 - 10:30 A.M.

NEW!

Learn to Code

Do you love video games? Then it's never too early to learn how to code! Learn computer programming skills through interactive and exciting game-based programs. In the computer lab, you will learn how to create instructions for the computer to make your computer perform certain tasks. Coding is what creates all the games you love to play, so learn how to code today!

(Ages 7-9)

KD 324 \$94

Monday - Friday, July 6 - 10

9:00am - 10:30am

(Ages 10-13)

KD 324A

Monday - Friday, July 13 - 17

9:00am - 10:30am



\$94

DIY Bedroom Makeover

Have you ever wanted to give your bedroom a makeover? In this class, you will transform your space into a bedroom you will love! Participants will customize their projects to help organize and beautify their room. You will also have an opportunity to repurpose items you may already have, or use recycled materials to make something new. You may choose to decorate your light switch/outlet covers, create beautiful frames/ pictures and even make a chore chart that is functional and beautiful. We will try and customize this class for each participant. With parent permission, you may bring in lampshades, frames, etc. to work on as you wish. Each participant will create a name project, as well.

(Ages 7-9)

KD 303

Monday - Friday, July 6 - 10

9:00am - 10:30am

(Ages 10-13) **KD 303A**

Monday - Friday, July 13 - 17

9:00am - 10:30am

Jazzy Jewelry

Jewelry is a great way to show off your personality! In this class we will be making necklaces, bracelets, message jewelry and a jewelry box to keep everything in. Our final project will include a beaded dreamcatcher!

(Ages 7-9)

KD 057 \$94

Monday - Friday, July 6 - 10

9:00am - 10:30am



Soap Making Creations

Discover how to make your own soap creations! Different methods will be taught to make a variety of soaps using coloring, marbling and scents. We'll also make "surprise soap." Bath bombs and bath salts will also be created. You will go home with many of your own creations to help you lather up!

(Ages 10-13)

KD 116A

\$94

Monday - Friday, July 13 - 17

9:00am - 10:30am

\$94



LEGOS®

You love building with LEGOS®...explore the world of making simple machines with LEGOS®. Build toys and understand how things work by constructing your own inventions.

(Ages 7-9)

KD 232 \$94

Monday - Friday, July 6 - 10

9:00am - 10:30am

(Ages 10-13)

KD 232A \$94

Monday - Friday, July 13 - 17

9:00am - 10:30am

New!

Theater Games

Use your creative imagination this summer for live interactive theater fun. Play confidence-building theater games and develop teamwork, communication, and self- expression skills. Practice improvisation techniques, create characters, and act out stories. Join us for theater magic!

(Ages 7-9)

KD 325 \$94

Monday - Friday, July 6 - 10

9:00am - 10:30am

(Ages 10-13)

KD325A \$94

Monday - Friday, July 13 - 17

9:00am - 10:30am



New!

Stop Motion Filmmaking

Do you love animated movies? Are you a budding filmmaker? Stop motion filmmaking is one of the oldest techniques used to create films and it is enjoying a comeback among filmmakers and fans alike. The technique is as simple as taking a photo, and then another photo, and another, then editing them together to make a moving picture. In this class you will learn the steps you need to create a stop motion film using a simple phone app. Students will write a short story, create a storyboard, and then use any of a wide variety of materials available in the classroom to create characters and scenery that will be used to create a short stop motion film. During the last class, we will have a film festival where we will watch the films we have made. (Students are not required to have phones, but if they do, their parents must grant permission for them to download the free version of the Stop Motion Studio app.)

(Ages 10-13)

KD 326A \$94

Monday - Friday, July 13 - 17

9:00am - 10:30am



10:45 A.M. - 12:15 P.M.

New!

Digital Mixed Media

Do you love creating art? Have you ever created art on the computer? In this class, we will incorporate all digital elements to create personal artwork on the computer! We will use images, graphics, sound, text, and movement to create a one of a kind digital artwork to share with the world!

(Ages 7-9)

KD 327 \$94

Monday – Friday, July 6 - 10

10:45am - 12:15pm

(Ages 10-13)

KD 327A \$94

Monday - Friday, July 13 - 17

10:45am - 12:15pm



The Science of Slime

It oozes between your fingers when you pick it up, yet doesn't stick to your skin. It comes in a variety of colors and can be made to glow in the dark. At times it acts like a liquid, but at other times it appears to be a solid. What is this strange substance? If you guessed slime, you are correct! Making slime is a very popular activity that can provide hours of fun and act as a great stress reliever. We will create slime in a variety of ways, and provide a platform for learning basic chemical principles.

(Ages 7-9)

KD 307 \$94

Monday – Friday, July 6 - 10 10:45am – 12:15pm

(Ages 10-13)

(Ages 10 10)

KD 307A \$9

Monday - Friday, July 13 - 17

10:45am - 12:15pm



Painting Galore

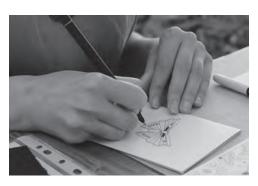
If you like to paint, this class is for you! We will be painting with different mediums including watercolors, pastels and acrylics just like the great master painters. Projects will be given that you can choose from to customize your own artwork. Definitely a creative time will be had by all!

\$94

(Ages 7-9)

KD 262

Monday – Friday, July 6 - 10 10:45am – 12:15pm



Zentangle® Art

Are you a doodler? Do you like to draw and make designs? Zentangle® is a form of art that is easy to learn, relaxing and fun. Anyone can create this art! Through step-by-step directions, you will learn basic patterns and then apply the ones you like to projects you will take home. We'll be learning new tangles and doing new projects this summer. If you like to get lost in the world of art, this class is for you!

(Ages 10-13)

KD 316A \$94

Monday - Friday, July 13 - 17 10:45am - 12:15pm

10:45 A.M. - 12:15 P.M.



New!

Learning About Nature

Students will build an appreciation for the outdoors in many aspects. This will be achieved by learning about native trees, plants, waterfowl, and animal identification. Students will learn different animal calls and what they mean, and the life cycles of animals. Students will make booklets about different kinds of trees, go on scavenger hunts, and learn about how to be a good steward for the environment.

(Ages 7-9)

KD 328 \$94

Monday – Friday, July 6 - 10 10:45am – 12:15pm

(Ages 10-13)

KD 328A \$94

Monday - Friday, July 13 - 17 10:45am - 12:15pm

New!

On Stage

Have you ever wanted to put together a live theater show? Now is your chance! Find your artistic voice and learn new acting skills to bring a story to life. Use creative writing, art, and acting to stage a unique and fun theater presentation.

(Ages 7-9)

KD 329 \$94

Monday - Friday, July 6 - 10 10:45am - 12:15pm

(Ages 10-13)

KD 329A \$94

Monday - Friday, July 13 - 17

10:45am - 12:15pm

New!

Inside Out: The Mysteries of the Brain and Art

The story of the popular Disney/Pixar film, "Inside Out", is set inside the brain of a young girl named Riley. As Riley and her family move to a new town, Riley's emotions – Joy, Sadness, Anger, Fear, and Disgust – go along for the ride. In this fun, interactive class, you will not only learn about how the brain works, but you will learn fun ways to use the mysterious powers of the brain and your emotions to create art. Together, we will explore the amazing brain through music, movement, and making art. Wear comfortable clothes and bring a mat or towel to sit on the floor.

(Ages 10-13)

KD 330A \$94

Monday – Friday, July 13 - 17 10:45am – 12:15pm



1:00 P.M. - 2:30 P.M.



New!

Keyboarding

Learn how to type while playing exciting games! These fun typing games are a great way to learn the foundations of keyboarding that is a necessary skill in the classroom. Spend time on the computers in the computer lab playing games to learn correct finger-to-key movements, speed, and accuracy!

(Ages 7-9)

KD 331 \$94

Monday - Friday, July 6 - 10

1:00pm - 2:30pm

(Ages 10-13)

KD 331A \$94

Monday - Friday, July 13 - 17

1:00pm - 2:30pm

New!

STEM Madness

Get ready to use your creativity to challenge yourself with the wonderful world of STEM (science, technology, engineering and math). Let's explore how to use the sun to make s'mores or build towers out of marshmallows and more!

(Ages 7-9)

KD 332 \$94

Monday - Friday, July 6 - 10

1:00pm - 2:30pm

(Ages 10-13)

KD 332A \$94

Monday - Friday, July 13 - 17

1:00pm - 2:30pm

New!

Dance, Dance, Dance

A fun dance class exploring different styles of dance each day. Hip Hop, Modern, Jazz, Ballet, and ethnic styles will be focused on. At the end of the week a mini recital to showcase all the dances learned. Sneakers required.

(Ages 7-9)

KD 333 \$94

Monday - Friday, July 6 - 10

1:00pm - 2:30pm

(Ages 10-13)

KD 333A \$94

Monday - Friday, July 13 - 17

1:00pm - 2:30pm



1:00 P.M. - 2:30 P.M.

Sculpting With Clay

Use and experiment with all different types of media including clay, wire, and wood to create your own unique artwork. Make all kinds of art from fantasy creatures to jewelry boxes to wire figures! Each child gets to pick their own projects and designs.

(Ages 7-9)

KD 157 \$94 Monday – Friday, July 6 - 10 1:00pm – 2:30pm

(Ages 10 - 13)

KD 157A \$94 Monday – Friday, July 13 - 17

1:00pm - 2:30pm



Criminology and CSI

Whether you would like to be a super sleuth or a determined detective, this is the class for you. In Criminology and CSI, you will learn how to dust for fingerprints, interview suspects, analyze voice recordings, and extract DNA from common household items. Can you solve this whodunit? Join us this summer to find out!

(Ages 7-9)

KD 319 \$94

Monday - Friday, July 6 - 10

1:00pm - 2:30pm

(Ages 10-13)

KD 319A \$94

Monday - Friday, July 13 - 17

1:00pm - 2:30pm



Rock Painting

Learn how to spread kindness and joy through rock painting. With the use of paint, markers, pencils, and paper, we'll create imaginative creatures and wondrous works of art to keep, place in the community, or give as gifts. Join us for rock painting and become a kindness rock ninja! Please wear clothes appropriate for painting.

(Ages 10-13)

KD 305A \$94

Monday - Friday, July 13 - 17

1:00pm - 2:30pm

2:45 P.M. - 4:15 P.M.

New!

Introduction to Spanish

Spanish is one of the most widely spoken languages in the world and is one of the best languages to learn! 21 million students learn Spanish around the world, and with this class, you can be one of them! Learn the basics of Spanish with common greetings and phrases, nouns and verbs, colors and numbers, y más!

(Ages 7-9) \$94 KD 334

Monday - Friday, July 6 - 10

2:45pm - 4:15pm

(Ages 10-13) KD 334A \$94

Monday - Friday, July 13 - 17

2:45pm - 4:15pm

Cupcake Decorating

In this class you will learn how to use different piping techniques. You will learn how to work with fondant. Also, you will learn how to decorate using different decorating ideas other than frosting.

(Ages 7-9)

KD 309 \$94

Monday - Friday, July 6 - 10

2:45pm - 4:15pm

(Ages 10-13)

KD 309A \$94

Monday - Friday, July 13 - 17

2:45pm - 4:15pm



New!

Little Yogis

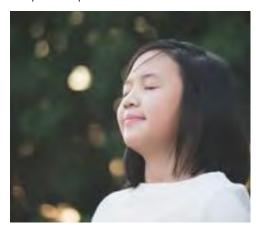
This class combines yoga and play. It is playful, creative, and fun functional movement, combined with "within" mind-body work. We use mindful movement, games, share circles, breath work and visualization to move energy through the body as we calm the mind. A yoga mat is required.

(Ages 7-9)

KD 335 \$94

Monday – Friday, July 6 - 10

2:45pm - 4:15pm



New! Yogafit

This class will blend active yoga sequences, energizing music, yoga inspired games and projects, mindfulness with use of breath, relaxation and meditation to calm the mind. We will increase strength and flexibility, improve motor skills, and concentration. A yoga mat is required.

(Ages 10-13)

KD 336A \$9

Monday - Friday, July 13 - 17

2:45pm - 4:15pm

2:45 P.M. - 4:15 P.M.



Cartooning

Do you doodle on books or paper napkins? Do you like to watch cartoons? If so, Cartooning is the ideal way to develop your style and explore the creative possibilities. Learn the basics of cartooning and animation while developing your own story.

(Ages 7-9)

KD 566 \$94

Monday - Friday, July 6 - 13

2:45pm - 4:15pm

(Ages 10-13)

KD 566A \$94

Monday - Friday, July 13 - 17

2:45pm - 4:15pm

Paleontology Preserve - Dinosaur Fun!

Put on your sunhat and work boots and come learn as we excavate dinosaurs from the Triassic, Jurassic, and Cretaceous periods at the Paleontology Preserve. Make your own fossils, and catalogue them so that your friends can identify them as well. Please, no gene sequencing!

(Ages 7-9)

KD 321 \$94

Monday - Friday, July 6 - 10

2:45pm - 4:15pm

Babysitting 101

Do you enjoy playing with little kids? Want to grow in your leadership skills and make money while doing so? If you answered yes to any of these questions, then you should take this class! In Babysitting 101, you will learn the ins and outs of the babysitting scene, including beginner's first aid, how to negotiate pay, and how to determine ageappropriate play. You'll also learn how to navigate those stinky diapers. Pee-yew!

(Ages 10-13)

KD 505A \$94

Monday - Friday, July 13 - 17 2:45pm - 4:15pm



Fun with Art

Do you like making art but want to know ways to make your art even better? In this interactive class, you will learn about the Elements of Art (line, shape, form, value, space, texture, and color) and learn how to use them to create 2D and 3D art. Dress for making a mess because we will be experimenting with charcoal, pencils, watercolors, ink, and glue, and we will be working with scissors, paper, and different media found in the craft store as well as in nature. Come have fun with art! (Students should wear clothes that they are not afraid to get dirty.)

(Ages 10-13)

KD 315A \$94

Monday - Friday, July 13 - 17

2:45pm - 4:15pm

REGISTRATION - COLLEGE FOR KIDS

WEEK 1: J Ages 7	uly 6–July –9 ONLY	/ 10		(2: July 13–July 17 es 10–13 ONLY	
CHILD'S NAME	7 011121		CHILD'S NAME	30 20 20 0.112.	
ADDRESS		ADDRESS			
	15] [] [
CITY	STATE	ZIP	CITY	STATE ZIP	
DATE OF BIRTH	E-MAIL ADI	DRESS	DATE OF BIRTH	E-MAIL ADDRESS	
PARENT'S NAME			PARENT'S NAME		
EVENING PHONE	DAY PHONE		EVENING PHONE	DAY PHONE	
For Full-Day Discount, CHECK ONE IN EACH 7 9-10:30 a.m.	TIME PERI	OD	For Full-Day Disco CHECK ONE IN E. 9-10:30 a.m.	ount, ACH TIME PERIOD	
Learn to Code		\$94	Learn to Code		\$94
DIY Bedroom Makeove	r	\$94	DIY Bedroom Makeover		\$94
Jazzy Jewelry\$94			Soap Making Creations		
Legos\$94			Legos		
Theater Games\$94			Theater Games		
10:45 a.m 12:15 p	o.m.		Stop-Motion Filmr	making	\$94
Digital Mixed Media		\$94	10:45 a.m 12	2:15 p.m.	
Slime				 dia	\$94
Painting Galore		\$94			
Learning About Nature					
On Stage			Learning About N		
1-2:30 p.m.					
Keyboarding		\$94	Inside Out		\$94
STEM Madness			1-2:30 p.m.		
Dance					\$94
Clay Sculpting		•			
Criminology and CSI					
2:45 – 4:15 p.m.					
Introduction to Spanish		\$94		CSI	
Cupcake Decorating					
Little Yogis			2:45 - 4:15 p.m		•
Cartooning				== panish	\$94
Paleontology (Dinosaur Fun				ing	
TOTAL			•		
OR Full Day		· 	•		
			_		

College Ittle Kids # Ages 4-6

Your child can be the "Big Kid on Campus" this summer! SUNY Broome is offering a summer program for 4-6 year-olds at The B.C. Center. Our College for Little Kids curriculum was created with learning and fun in mind. Each program includes enrichment activities and projects that are hands-on and supportive of individual development. Problem-solving, creativity, exploration of diversity, and the strengthening of friendship skills are incorporated into everything we do. Our highly qualified and caring staff work with faculty from SUNY Broome's Early Childhood Education Department to ensure that every child learns important concepts while having fun with friends and teachers.

Blast Off to Outer Spacel (AM)

Join us in the mornings as we blast off into the wonderful world of outer space! Each day's activities will be based on a space-themed



topic. Throughout the week we will learn about constellations, planets, asteroids, and rocket ships. We will create the things we need for space travel including oxygen tanks, protective helmets, and space snacks. We'll visit the moon to investigate its craters, and while we're there we will collect moon rocks to bring home for all to see. Each day will bring a new adventure!

Nature-Inspired Art (PM)

Studies show that Interacting with nature promotes creativity and problem-solving while at the same time reducing feelings of stress and anxiety. During our afternoon session we will use various forms of nature to produce artwork that is both fun and educational. Activities will include pine cone mobiles, nature weaving, worm painting, solar printing, and making spider web slime! There will be something for everyone as we roll up our sleeves and look for inspiration in the natural world around us.

Questions? Please contact Pam Holland at 778-5437 or hollandpe@sunybroome.edu

Registration for College for Little Kids July 6 th – July 10 th , 2020				
Full Day: \$229 (9:00-4:15) [**Lunch is included**	Part Day: \$140 **circle AM or PM AM (9:00-12:30) PM (12:45-4:15)			
Child's Name:				
Date of Birth:				
Address:				
	State: Zip:			
Parent's Name:				
	Alt Phone:			
Email:				
A welcome packet will be mailed home containing details about the program and other				
necessary information. This registration form and a check payable to "Faculty-Student				
Association" should be mailed to SUNY Broome Continuing Education, P.O. Box 1017,				
Binghamton, NY 13902. Please call 607.778.5012 to pay with Visa or MasterCard.				

YOUTH PROGRAMS

ROBLOX Makers - Coders - Entrepreneurs!

Discover how to code in the Lua Language while playing and designing worlds in ROBLOX®, an online universe where you can create anything you dream of. This new class combines game design concepts, coding, and fun! Young entrepreneurs will also learn how to navigate ROBLOX's fast-growing marketplace to publish their games. Student-created games will be available on a password protected Black Rocket website to share with friends and family. Students will work in pairs or teams for most of the program.

Compatible with MAC and Windows OS only. If this class moves to an online format, you will need to have access to a computer with a camera, audio(microphone) and the internet from home. You will receive a call and email if this teaching format occurs.

Registration/Cancellation Deadline: July 10

(Ages 8-10)

KD 297 \$189

Monday - Friday, July 20 - 24

9:00am - Noon

(Ages 11-14)

KD 297A \$189

Monday - Friday, July 20 - 24

1:00pm - 4:00pm









NEW!

Minecraft® Redstone Engineers

Take the next step beyond simply "playing" Minecraft and become a true Redstone engineer. Expand your Redstone knowledge by constructing your own carnival with a variety of mini-games, roller coasters, and attractions powered by Redstone. Learn how to use Command and Structure blocks to incorporate them into your builds. Activate your skills and take your Minecraft structures to the next level. Students must own a Java version of Minecraft to take this class. Tablet, phone, and game console versions of Minecraft are not compatible. Students will work in pairs or teams for most of the program.

Compatible with MAC and Windows OS only. If this class moves to an online format, you will need to have access to a computer with a camera, audio(microphone) and the internet from home. You will receive a call and email if this teaching format occurs.

Registration/Cancellation Deadline: July 17

\$189

(Ages 8 - 10)

KD 322

Monday - Friday, July 27 - 31

9:00am - 12:00pm

(Ages 11 - 14)

KD 322A \$189

Monday - Friday, July 27 - 31

1:00pm - 4:00pm

YOUTH PROGRAMS

NEW!

Java Script Developer Jam

Learn programming tools so powerful they seem like magic! Start off by learning an array of core programming concepts with JavaScript by experimenting in a series of digital challenges. Start with programming your first animated memes, then tackle more advanced skills such as interactive 3D experiences and game creation. Projects will be available on a password protected Black Rocket website to share with friends and family. Course fee includes \$10 license fee.

Compatible with MAC, Windows and Chrome OS. If this class moves to an online format, you will need to have access to a computer with a camera, audio(microphone) and the internet from home. You will receive a call and email if this teaching format occurs.

Registration/Cancellation Deadline: July 24 (Ages 8-10)

KD 323

\$199

Monday - Friday, August 3 - 7

9:00am - Noon

(Ages 11-14)

KD 323A

\$199

Monday - Friday, August 3 - 7

1:00pm - 4:00pm





Beginning Guitar (Ages 12-16)

Learn to play the guitar in a few short lessons. Bring your own guitar or a rented instrument (acoustic or electric with small practice amp). Begin with the basics learning guitar terminology, fret board layout, note values, rhythm and progress to basic chords, melodies and easy songs. Classical, folk, rock, gospel, pop, flatpicking, finger-picking, and other styles are also covered. Emphasis is on learning and having fun! Receive individual as well as group instruction. The instructor provides one volume of music for a fee of \$3 paid to the instructor in class. Be prepared to enjoy yourself!

Instructor Eric Ross (BA, MA-SUNY) is a professional composer, performer and teacher. He has performed his works at Lincoln Center, Kennedy Center, Newport Jazz Festival, Montreux and North Sea Jazz Festivals. He has taught all levels of guitar for over 25 years and has a special interest in developing beginning musicians.

Instructor: Eric Ross

KD 155

\$69

5 Tuesdays, July 7 – August 4 6:30pm – 8:00pm

Wales Building - 203B

NEW!

Mommy & Me Belly Dance (Kids Ages 2 – 10)

Belly Dance is a fun challenge for all ages! Work together with a little person in your life to learn the basics of this empowering and body positive dance form. The class will start from absolute basics and focus on coordination, strengthening, and just plain getting the wiggles out! By the end of the session, dancers will have learned simple choreography to several popular songs and a brief piece of partner work. Course fee includes mom and one child.

If you are interested in having a coin skirt in class, a \$10 - \$15 supply fee is payable to the instructor per person (depending on size and style).

Instructor: Bonita Graham WE 362 \$59

4 Thursdays, June 4 – June 25 10:00am – 11:00am Student Center West – 106

YOUTH DRIVING PROGRAMS

Driver Education for High School Students



This Driver Education course is approved by the New York State Education Department. Successful completion of the class entitles you to receive an MV285. State regulations require that students fulfill the attendance requirement for this certificate or they will not be issued an MV285. Check with your own insurance company for benefits and incentives that they provide for students with the MV285 driver education certificate.

Student information packets are mailed upon registration. In your packet is a parent's permission agreement. This must be brought to the parent/student meeting. The course begins with a mandatory parent/student information session (dates and time listed below).

Students must be 16 years of age and have their learner's permit prior to the parent's meeting.

A \$10 non-refundable book fee is payable at the first class. **One** make up session for an excused absence is allowed for an additional \$25 fee on Friday, 7/31, in the morning. To report an absence, please contact Continuing Education at 607-778-5012 the day of the absence. Register early to ensure your seat in the program. A required driving range date is scheduled in class. Driving Range to be announced.

(Please choose one session below: DE200-01, DE200-02, DE201-01, DE201-02 or DE204-01)

Instructors: Adaptive Driving Services, Inc.

Session One

DE200-01 \$529 Mandatory parent/student meeting:

Tuesday. June 23

7:00pm - 8:30pm

Titchener Hall - 101

Classroom:

Monday - Thursday:

7/6-7/9, 7/13-7/16, 7/20-7/23, 7/27-7/30

8:30am - 10:00am

Campus Services Building - 113

Behind The Wheel Sessions:

Same dates as above 7:00am - 8:30am

Session Two

DF200-02 \$529

Mandatory parent/student meeting:

Tuesday. June 23

7:00pm - 8:30pm

Titchener Hall - 101

Classroom:

Monday - Thursday:

7/6-7/9, 7/13-7/16, 7/20-7/23, 7/27-7/30

8:30am - 10:00am

Campus Services Building - 113

Behind The Wheel Sessions:

Same dates as above

10:00am - 11:30am

Session Three

DE201-01 \$529

Mandatory parent/student meeting:

Wednesday, June 24

7:00pm - 8:30pm

Titchener Hall - 101

Classroom:

Monday - Thursday:

7/6-7/9, 7/13-7/16, 7/20-7/23, 7/27-7/30

10:00am - 11:30am

Campus Services Building - 113

Behind The Wheel Sessions:

Same dates as above

8:30am - 10:00am

Session Four

DE201-02

Mandatory parent/student meeting:

Wednesday, June 24 7:00pm - 8:30pm

Titchener Hall - 101

Classroom:

Monday - Thursday:

7/6-7/9, 7/13-7/16, 7/20-7/23, 7/27-7/30

10:00am - 11:30am

Campus Services Building - 113

Behind The Wheel Sessions:

Same dates as above

11:30am - 1:00pm

Session Five

DE204-01 \$529

Mandatory parent/student meeting:

Wednesday, June 24

7:00pm - 8:30pm

Titchener Hall - 101

Classroom:

Monday - Thursday:

7/6-7/9, 7/13-7/16, 7/20-7/23, 7/27-7/30

4:00pm - 5:30pm

Campus Services Building - 113

Behind The Wheel Sessions:

Same dates as above

5:30pm - 7:00pm



SUNY BROOME WORKFORCE DEVELOPMENT



SUNY Broome has been training students to work in the Southern Tier for over sixty years. And, as the need for skill development and training expands, SUNY Broome stays current with trends in the marketplace, to best help you develop and maintain a talented workforce.

Each year SUNY Broome Continuing Education contracts with area companies to provide courses in everything from conflict resolution to integrated systems management. With over 200 customized training programs each year, SUNY Broome Continuing Education is a leader in supporting the economic development of the region and in helping companies in their continuous improvement initiatives.

SUNY Broome relies on a forty-person Workforce Development Council to keep the College informed on the most recent industrial, service, and public sector developments. To support the needs of the area, SUNY Broome Continuing Education provides the following:

- Assessment Services
- Basic Skills Instruction
- Remediation for Math and English
- Human Resources Support and Outplacement
- Academic Advising for Non-Credit Programs
- On-site Credit Classes
- Training and Development at Your Site or Ours

Our Professional Staff Can Help You Identify The Educational and Training Assessments and Programs To Help Make Your Workforce The Best It Can Be!

Call or Email Janet Hertzog For A Free Needs Assessment 607-778-5203 hertzogjm@sunybroome.edu



SUNY BROOME WORKFORCE DEVELOPMENT

New!

Resume Writing

When you apply for a job, your resume may be the first thing noticed. How can you compete with the hundreds of resumes that land on the computer of the person who is doing the hiring? You can compete by being up to date with the best layout, keywords, and format to highlight your skills and performance.

Learn about Applicant Tracking Systems, optimizing your opportunities with search committees, and more.

Instructor Debbie Morello will cover how to get the attention of reviewers by discussing exactly what they look for and how you can best showcase your value-add.

Instructor: Debbie Morello BN 392 \$49

Thursday, June 25 1:00pm – 4:00pm Business Building - 224

Grant Writing Basics

Now, more than ever, organizations are struggling with finances...and many times, grants can help! Instructor Debra Morello has written and/or overseen over \$30 million in grants in her career for non-profits, education, health care, and the corporate sector. This course provides you with the specific knowledge to put together a proposal and start "building your grant." Bring an idea with you to build on throughout this three-hour session. In addition to covering components of a grant including needs assessment, action plan, budget and executive summary, learn which types of projects get funded and why. A variety of online resources will also be discussed.

Instructor: Debra Morello
CS 125 \$49

Wednesday, June 24 1:00pm - 4:00pm Business Building - 224



Debra Morello

New!

Dealing with Difficult People

Given today's increasingly diverse workforce, the odds are greater than ever that you are going to need to interact with some people that you would prefer not to. It may not be a dislike that you feel toward someone, it may just be discomfort. Yet, given the preponderance of team effort, you will have no way to avoid interacting with some of these people.

This workshop explores ways to increase your comfort level and identify productive ways to accomplish tasks with people you would rather not have to engage. You will be provided tools to help you better understand what causes the distress you experience and approaches to manage it.



Instructor: Jesan Sorrells
BN 358 \$59

Monday, July 27
8:00am - 12:00pm

Business Building - 224

New! Coaching for Accountability

We will explore the dichotomy between accountability and respect at work, and discuss how to practically develop a culture of accountability around accomplishing job tasks at work. Participants will explore how to coach employees toward accepting more and more accountability in the face of a seeming lack of desire to do so. Gain an understanding of how communication, delegation, and opportunity can be used to maximize employee performance in the workplace. We will also discuss the link between rewards, performance, and motivation in the workplace in order to generate more optimal outcomes with employees. Additionally, participants will gain practical skills in using strengths-based feedback techniques to motivate employees toward accomplishing better, long-term work outcomes.

Instructor: Jesan Sorrells BN 393 \$59

Monday, July 13 8:00am - 12:00pm Business Building - 224

The non-credit courses on this page are also available at our new **Oneonta Connection Center**, located at 254 Main Street in Downtown Oneonta.

SUNY BROOME WORKFORCE DEVELOPMENT

Shop Floor Math

The applications of math in the assembly and support areas are covered in seven sessions. Basic math, decimals, fractions, measuring with rulers, calculators, ratios and the English and metric measurement systems are presented. A comprehensive review and final assessment are provided.

Participants will learn:

- Whole numbers and the four basic math operations: addition, subtraction, multiplication and division
- Addition, subtraction, multiplication and division of decimals with emphasis upon the unique requirements of these operations
- Fractions, including terminology and the details of conversion and reduction, will be addressed. Reading rules with fractional units, as well as metric units
- Multiplication and division of fractions
- Addition and subtraction of fractions / brief introduction to the calculator
- Ratios, the English and metric systems of measurement, conversions within and between systems and conversion of temperature between the Celsius and Fahrenheit scales

Bring a calculator to class.

Instructor: Frank Markovich TC 149 \$129

Monday & Wednesday, June 1 – June 3 8:00am – 12:00pm Business Building - 224

Hand Tool Usage

Participants will understand the use of simple hand tools such as hammers, pliers and various wrenches including ratchets and sockets. There is also training in the proper use and setting of torque wrenches. We will also discuss hardware identification and strength.

Instructor: Frank Markovich TC 151 \$65

Monday, June 15 8:00am - 12:00pm Business Building - 224

Assembly Drawing Interpretation

Engineering drawings are the language of industry. They convey the instructions of the designer to manufacturing and inspection. This course explains the concept of the drawing system from sketches to final drawings. Basics of views, lines, dimensioning, sections, title blocks and revisions are treated at the beginning of the sessions. We then proceed to item lists, notes and their use in assembly. Other symbols are also addressed in the course. Workbook is included.

Instructor: Frank Markovich TC 150 \$129

Monday & Wednesday, June 8 - June 10 8:00am - 12:00pm Business Building - 224

Quality Overview

Participants will learn the basics of quality control including:

- Definitions
- Assurance vs. Control
- Process Control/ Supplier Control
- Sampling
- Definitions
- Why it works
- Sampling plans and levels
- Randomization
- Implementation

Problem solving and corrective action: The Logical Process, Tools (Pareto, Checklist, Fishbone) & Your Process

Instructor: Frank Markovich TC 152 \$65

Wednesday, June 17 8:00am – 12:00pm Business Building – 224

The non-credit courses on this page are also available at our new **Oneonta Connection Center**, located at 254 Main Street in Downtown Oneonta.

Corporate Registration Made Simple

For the convenience of our business and industrial registrants, Continuing Education offers FAX-IN-REGISTRATION. Using company letterhead, FAX a letter giving the College permission to bill your company, along with completed registration forms for each employee registration for courses. Fax this letter with completed registration forms, to Continuing Education at SUNY Broome. 607 778-5535.

DRIVING PROGRAMS

Defensive Driving

Defensive Driving presents valuable information and safe driving tips to even the most experienced drivers. Certified National Safety Council instructors offer a new approach to accident prevention skills using National Safety Council materials.

The Discount: New York State drivers who complete the National Safety Council's Defensive Driving course through SUNY Broome become eligible for:

- A 10% discount on COLLISION insurance premiums
- A 10% discount on LIABILITY insurance premiums which includes:
- Property Damage (PD)
- Bodily Injury (BI)
- Personal Injury Protection (PIP)
- Both of these discounts apply over a THREE-year period!

Youthful drivers (including those already receiving a Driver's Education Discount), experienced drivers, mature drivers, and assigned risk are all eligible.

Now there's a discount available to all principal operators REGARDLESS of age or driving record! In addition to the insurance discount, those drivers who have incurred violation points on their driving record during the 18-month period prior to course completion will automatically receive a maximum of FOUR points reduced from the total accumulation on their driving record.

Section One DE 858-01

\$43

Tuesday & Thursday, June 16 & June 18 6:00pm – 9:00pm Business Building - 209

Section Two DE 858-02

\$43

Thursday & Friday, August 6 & August 7 5:00pm – 8:00pm Decker Building - 117



NYS Five Hour Pre-Licensing Course

Before you can make an appointment for your road test, you must first complete an approved pre-licensing safe driving course. Upon successful completion of this course, participants receive a certificate to present when you make your road test appointment. Certificates are valid for one year. Please bring your permit, paper, and a pen. Bring a bagged meal to class. Arrive ten minutes early to Business Building Room 110. (Take North College Drive to Lot #16, second parking lot on the left. Follow the sidewalk in between two buildings; the Business Building is straight ahead).

Please note: You must arrive to class on time and attend the entire five hours of class to receive your certificate.

Instructor: Adaptive Driving Services

\$45

Section One DE 007-01 \$45

Wednesday, June 10

4:00pm - 9:00pm

4:00pm – 9:00pm Business Building - 110

Section Three

DE 007-03 \$45

Monday, August 3 4:00pm - 9:00pm

Business Building - 110

Section Two

DE 007-02

Wednesday, July 8

4:00pm - 9:00pm

Business Building - 110

YOGA/HEALTH AND WELLNESS



Hatha Yoga I: Release from Tension

Hatha Yoga may be the answer if the tension and stress of everyday life are getting you down, if you are unable to let go and relax, or if you feel the need to get your body back into shape but dislike strenuous exercise. The slow, gentle stretching is designed to release muscular and mental tension, to tone and firm the entire body, and to open energy channels clogged with tension buildup. Wear unrestrictive, comfortable clothing and bring a mat to each class. Register early – this class fills quickly. This class meets at Highlands Community Center, 25 Lee Circle, Johnson City. (No class 6/30)

Instructor: Vinni Wingell Himalayan Institute trained Yoga instructor.

WE 856 \$60

6 Tuesdays, June 2 – July 14 5:30pm – 7:00pm Highlands Community Center

Vinyasa (Flow) Yoga

Based on the Sun Salutation, Vinyasa Yoga is known for its dynamic, meditative and creative sequences. This flowing style combines rhythmic breathing with conscious movement, increasing strength and flexibility while uniting body, breath and mind. Experience being totally present in the midst of movement and enjoy the flow of being alive. Recommended for students with some previous Yoga experience. This class meets at Highlands Community Center, 25 Lee Circle, Johnson City. (No class 7/1)

Instructor: Vinni Wingell Himalayan Institute trained Yoga instructor.

\$60

WE 0886 Wednesdays, June 3 – July 15
5:30pm – 7:00pm

Highlands Community Center

New!

Total Body Workout

After an extended warm up, strength/resistance training will be addressed followed by a round of cardiovascular training. (Each week will be a different type, i.e. Kickboxing, HIIT, Hi/Lo floor, etc.) This will be followed by a nice Yoga/Stretch/Relaxation for the last half hour. A mat, water bottle, towel, and good supportive sneakers are advised. All fitness levels will be addressed.

Instructor: Allison Ellis
WE360 \$75
5 Wednesdays, July 8 - August 5

6:00pm - 7:30pm Student Center West - 106



Gift Certificates

Give the gift that lasts forever... education.

Just call Continuing Education, 778-5012, and request a gift certificate for the course of your choice. If you are not sure which course would be best for your friend or loved one, just state a dollar amount that can be applied to any of our offerings. What better way is there to say that you care?

PILATES/HEALTH AND WELLNESS

Introduction to Pilates: Mat, Tower, Chair and Reformer

Ever wonder what Pilates is all about? Perhaps you have heard about the tremendous results a famous. athlete or actor/actress achieved by using Pilates but you don't know how to use Pilates in your own life? Perhaps you've seen Pilates Apparatus/ Equipment and thought they looked like torture devices? Come to our studio, dispel the myths, and learn to use the Pilates method to achieve long, lean muscles, increase flexibility and balance, and improve coordination. Pilates was developed as rehabilitation for World War I Soldiers. The equipment utilizes springs and pullevs to provide strength building exercises while lengthening and stretching the muscles. It focuses on precise movements and proper form and control to achieve outstanding physical results and improve body awareness. In this class, students will utilize the different Pilates equipment (Tower, Chair, and Reformer) in the studio as well as learn mat exercises that can be performed at home. This class is perfect for the beginner but all levels of experience are welcome. Modifications will be provided to support and encourage the beginner and challenge the more advanced student. Class will be held at Pilates on the Avenue, 32-36 Washington Ave, Lower Level, Endicott, NY 13760. (No class 6/30)

Instructor: Melissa Couch, PhD, owner and instructor of Pilates on the Avenue

WE353 \$75

6 Tuesdays, June 16 - July 28 6:30pm - 7:30pm

Pilates on the Avenue, Endicott



Pilates Mat Class

In Pilates Mat you will learn the Pilates Method to achieve long, lean muscles, increase flexibility, and improve coordination. Specifically, this class focuses on the exercises performed on a Pilates/ yoga mat that can be performed at home. Students will learn and practice these exercises. Working with the instructor, each student will develop an individualized Pilates mat exercise routine that they can do at home or anywhere there is space for a yoga/Pilates mat. Each student's routine will contain basic core-strengthening exercises as well as exercises specific to the needs of that student. Pilates focuses on precise movement, proper form, and control to achieve outstanding results and improved body awareness. This class is open to all levels of experience. Class will be held at Pilates on the Avenue, 32-36 Washington Avenue, Lower level, Endicott, NY 13760. (No class 7/2)

Instructor: Melissa Couch, PhD, owner and instructor of Pilates on the Avenue

\$75

WE 335

6 Thursdays, June 11 – July 23 6:30pm – 7:30pm The Pilates Studio, Endicott

New!

Barre Sculpt

Have you hesitated taking a barre class because you are not sure how to do the exercises correctly? This class is for beginners and veterans alike who want to learn barre exercises and keep up their skills. Upon completion of this class. participants will be able to enter any barre class with confidence. Topics covered include position, alignment and posture, extension and lengthening. Barre is an aerobic, total body sculpting workout that increases metabolism, burns fat, lengthens muscles, targets the core, and improves balance, coordination and posture. Previous dance or ballet training is not required. Beginners are welcome and encouraged. Please wear stretchy, movement clothing. With commitment to the technique, you get recognizable results exactly where you want them. This course meets at The Pilates Salon, 3660 George F Highway, Suite 203, Endwell, NY 13760 (www.thepilatessalon.com)

Instructor: Kaitlin Windingland, BASI certified instructor

WE 361

\$59

4 Wednesdays, June 3 - June 24

7:15pm – 8:15pm The Pilates Salon



HEALTH AND WELLNESS



Metabolic Strength & Conditioning

Lose Body Fat, gain bone strength and get stronger with this cutting edge workout designed for EVERYBODY. After the age of 26 we lose 5% muscle mass every year....it's time to stop losing muscle, rev up that metabolism and start getting LEAN...you will not bulk up....Less reps, more resistance is the key to building muscle. This workout is designed to reshape your physique and revitalize your lifestyle.... Weights will be provided. Bring a water bottle, towel, and wear good supportive shoes. (No class 5/25)

Instructor: Allison Ellis WE 317

5 Mondays, May 18 – June 22 6:00pm – 7:00pm Student Center West - 106



Fitness Fusion

Tired of the same old fitness routine? Join AFAA certified professional Allison Ellis as she blends different class styles together to build a powerhouse of a workout routine. Kickboxing, pilates, yoga, resistance training, dance, floor aerobics, circuits, kettlebells, medicine balls, stability balls, etc. You will build muscle, increase endurance, strength and flexibility, burn calories and improve your overall health. All fitness levels will be addressed. Bring a mat, water bottle and towel to class. Good supportive footwear is encouraged. (No class 5/25)

Instructor: Allison Ellis

WE 350 \$110

Mondays and Wednesdays, May 18 – June 24 4:30pm – 5:30pm Student Center West – 106

Lift and HIIT

The program starts with an all-inclusive warm out, leading into resistance training designed to boost your metabolic rate and build muscle. Next comes a SHORT, intense, cardio section to help blast calories and finally a well-deserved cool down and stretch. All fitness levels will be addressed. Sneakers, water bottle, mat and towel are required. Weights will be provided.

Instructor: Allison Ellis
WE355 \$50

5 Wednesdays, May 27 - June 24
6:00pm - 7:00pm
Student Center West - 106



SUNY Broome requests that before you participate in any activity requiring physical exertion, you consult with a physician.

DANCE/HEALTH AND WELLNESS



East Coast Swing II

Join Francine Stein to polish your dancing skills and practice steps with your partners. Sharpen your skills while learning more steps, styling, and techniques for the East Coast Swing. Enrollment is required in teams of two. Price is per person. Register early, class size is limited. Prerequisite: MN888 Beginner Social Dancing East Coast Swing or knowledge of basic East Coast Swing steps.

Instructor: Francine Stein
MN653 \$30
3 Thursdays, June 4 – June 18
7:00pm – 8:00pm
Student Center West – 106

Beginner Waltz II

Join Francine Stein to polish your dancing skills and practice steps with your partners. Sharpen your skills while learning more steps, styling, and techniques for the Waltz. Enrollment is required in teams of two. Price is per person. Register early, class size is limited. Prerequisite: MN891 Beginner Waltz or basic knowledge of Waltz steps.

Instructor: Francine Stein MN 892 \$30 3 Tuesdays, June 2 – June 16 7:00pm – 8:00pm

Student Center West-106

Beginner Belly Dance

Belly Dance is exercise for the body and mind which is enjoyable for all ages, body types, and abilities. All levels are welcome, but this class will start from absolute basics and focus on the fun and challenge of isolation and layering. Students will learn new moves each class, such as shimmies and undulations. By the end of the session, students will have learned a full choreography to tie it all together!

Instructor: Bonita Graham
WE 310 \$40
4 Tuesdays, June 2 - June 23
5:30pm - 6:30pm
Student Center West - 106



Intermediate Belly Dance

In this class, we will playfully explore some of the trickiest skills in American Tribal Style Belly Dance: isolation and layering. We will continue to hone basic moves, while exploring range of motion and variation in rhythm. We will learn a short choreography and several drills to bring together these skills and facilitate practice at home. This class is aimed at students with any previous belly dance experience, though all basics will be reviewed and no specific skills will be assumed. Students should come ready to take every new challenge as an opportunity for growth and laughter!

Instructor: Bonita Graham
WE 359 \$40
4 Tuesdays, July 7 - July 28
5:30pm - 6:30pm
Student Center West - 106

Introduction to Digital SLR (Interchangeable Lenses) Part 1

If you are new to Digital SLR cameras or have had one for a while and just want to become more familiar with its workings and how to improve your photos, this is the class for you! This class will go through your camera's menu and inner workings, as well as images to show how they affect your pictures. During this class you will learn what buttons and functions on your camera may help improve the use of your camera to help you spend less time making changes and more time taking pictures. Shutter speed and apertures will be discussed to illustrate the importance of them in your image making. Students should bring their cameras, USB cable and instruction manual. Register early - this class is always a sellout! (No class 7/3)

Instructor: Dave Williams, Owner, Beyond the Print

CF 216 \$69

3 Fridays, June 19 – July 10 6:30pm – 9:00pm Business Building - 205



Introduction to Digital SLR (Interchangeable Lenses) Part 2

This class continues on from Part 1 and goes deeper into the workings of your camera and how you can improve your images with them. In this class we will discuss the importance of shutter speed, apertures and ISO to improve the exposure of your images. Other topics we will discuss include raw file processing and benefits, exposure compensation, flash use and flash compensation, image backup and organization. It is strongly recommended that you have taken Part 1 or have a very good understanding of the inner workings of your camera. This gives you a better understanding of how your camera works.

Instructor: David Williams, Owner, Beyond the Print

CF 285 \$69

3 Thursdays, July 23 – August 6 6:30pm – 9:00pm Business Building – 205



Photographing the Beauty of Nature

So many of us feel a heartfelt connection with nature's beauty. Our spirits are renewed when we experience a sunset's color, a flower's form, or a stream's flow. This class helps you produce breathtaking photographs that share your unique vision of beauty in the great outdoors. Instructor presentations, take-home exercises, in-depth, constructive critiques of your work, and a field trip to Chenango Valley State Park are all a part of this rewarding, hands-on class that fosters your technical and creative growth. Most students who take this class use a digital SLR, but smartphone photographers are now encouraged to take part. This class won't happen again until next year. Enrollment is limited. Award-winning photographer JW Johnston (www.jwjohnston. com), whose work has been featured in Outdoor Photographer and Black & White magazines, is your instructor. Students must provide their own transportation to the field trip site.

\$79

Instructor: JW Johnston HB 041

4 Tuesdays, June 2 – June 23

6:15pm - 8:45pm

Decker Building - 211

CRAFTS/HOBBIES



Introduction to Mosaics

Learn the art of mosaics in this month-long class. Learn how to do mosaics for both indoor and outdoor purposes. Learn how to cut, score and grind glass as well as make a flat project and a round project. With these techniques you will be on your way as a mosaic artist and impress those around you with your new found skill! This is a great class for people with no artistic experience. You get one month of studio time with this class, which will offer you some flexibility to the schedule, as well as more studio time, because you will get addicted to this new hobby! A supply fee of \$20 is payable to the instructor in class. This class meets at Jablon Studios, 12 Alice Street, Binghamton, NY 13904. (between Court Street and Robinson Street)

Instructor: Emily Jablon
CF 207 \$79

3 Thursdays, June 4 – June 18 6:00pm - 8:00pm Jablon Studios, Binghamton

Introduction to Glass Fusing: Glass Dish

Use beginning design skills to create this stunning one of a kind fused glass plate. Use your creation to display sushi, candy or soap in your home. Learn to cut glass, make glass frit, design, and fuse a beautiful and unique glass dish. A \$25 supply fee is payable to the instructor in class. Classes are held at Jablon Studios, 12 Alice Street, Binghamton, NY 13904 (between Court Street and Robinson Street.)

Instructor: Susan Jablon CF 307 \$59

Wednesday, June 17 5:00pm – 9:00pm Jablon Studios, Binghamton

Old Window Magic

Come repurpose old windows into beautiful pieces of mosaic art. By mosaicing stained glass and glass tiles onto the vintage windows, we create our own stained glass effect. Students will mosaic their window using our large selection of stained glass, glass tiles, melted bottles, beach glass and glass accessories. This will also give you one month of studio time so classes are flexible. Windows can go outside or inside, and you can enjoy the colorful windows and shadows for years to come. Students will come in and grout the window or clear epoxy is available for an extra charge. A \$25 supply fee is payable to the instructor in class. This course meets at Jablon Studios, 12 Alice Street, Binghamton, NY 13904 (between Court Street and Robinson Street.)

Instructor: Emily Jablon
CF320 \$99
3 Tuesdays, June 2 – June 16
6:00pm – 9:00pm
Jablon Studios, Binghamton



CRAFTS/GARDENING



New!

Herb Trio Kokedama

Choose from basil, rosemary, sage and many other herbs to create three small kokedama. Jasmine of KoKeDaMa Flora will provide holistic information about the herbs in class and guide you in how to make and care for your new kokedama herb garden. Collect Keepsake note cards for herbs used in class with recipes and care instructions for each kokedama. A \$30 supply fee is payable to the instructor in class.

Instructor: Jasmine McAvoy
CF 390 \$34

Wednesday, June 3 6:30pm – 8:00pm Decker Building – 313

NEW!

A Summer Flower Garland

Celebrate summer by creating a festive summer flower garland. Learn about how flowers have been strung in ceremony throughout history. Use fresh and dried flowers and herbs from Jasmine of KoKeDaMa Flora's gardens to string together your own garland. Welcome summer with flowers.

Instructor: Jasmine McAvoy
CF 391 \$34

Friday, June 19 6:30pm – 8:00pm Decker Building - 313

New!

The Language of Flowers

The red rose symbolizes love and a buttercup may reveal a love of butter. Learn more about the lesser known meanings given to an entire range of herbs and flowers. Each class will pair a brief lesson with hands-on creations, using that class's featured flowers. You will press flowers in each class using a small flower press, keep notes in an archival notebook, collect keepsake note cards on all flowers and herbs used in class and, in addition, will work on 3 floral projects including a full bouquet to take home last class. A \$60 supply fee is payable to the instructor in class.

Instructor: Jasmine McAvoy
CF 392 \$59

3 Wednesdays, July 8 - July 22 6:30pm - 8:00pm

Decker Building - 313



NEW!

Garden Flower and Herb Bouquet

Build a wonderfully fragrant bouquet of in-season fresh cut garden flowers and herbs. Jasmine of KoKeDaMa Flora maintains gardens of bright zinnia, fragrant basil and colorful strawflower. Leave with a beautiful armful of summer and a collection of keepsake note cards of all flowers and herbs used in class. Work with vibrant flowers and learn tips and tricks for getting the most out of your garden bouquet. A \$20 supply fee is payable to the instructor in class.

Instructor: Jasmine McAvoy
CF 393 \$34

Wednesday, August 5 6:30pm – 8:00pm Decker Building – 313

Would You Like To Teach?

SUNY Broome Continuing Education is always looking for instructors to present workshops and classes in a variety of subject areas:

Kids Courses - Arts and Crafts - eBay - Self-Improvement - Home Improvement - Landscaping/ Gardening - Health - Small Business - Career Enhancement - Vocational

If you have an avocation or special skill you don't see offered and enjoy teaching, we want to hear from you.

Call Continuing Education, 778-5012, today!

SOAP MAKING/HOBBIES

Goats Milk Luxury Bath and Body Bar

There is just nothing quite like a bar of soap made with goats milk. Using locally sourced goats milk, we explore the world of luxurious plant based butters and oils, essential oils, goat milk and natural soap colorants, creating one of a kind soap bars. Goats milk soap is a treat for dry and sensitive skin. This recipe makes up to 10 bars. This class is perfect for beginners to advanced soap makers. You will be guided through every step for a comprehensive learning experience that you can build upon. Please wear long sleeves. A \$20 supply fee is payable to your instructor in class. This course meets at Susan Jablon Studios, 12 Alice Street, Binghamton, NY 13904 (between Court Street and Robinson Street.)

Instructor: Susan Jablon
CF 339 \$49

Wednesday, June 10 6:00pm – 9:00pm Jablon Studios, Binghamton



Art Journaling

Whether you are discovering or rediscovering your creative spirit, art journaling can be an awakening avenue for self-discovery, stress reduction and a way to cultivate your creativity. We will create an art journal, learn ways to fill it and explore ideas of how to use the journal to record ideas and feelings and creative expression. No art experience is necessary. A supply list will be mailed.

Registration/cancellation deadline: May 27

Instructor: Karen Shannon
HB 168 \$49
2 Wednesdays, June 10 - June 17
6:00pm - 8:00pm
Business Building - 209



New!

Art Journaling 2

We will build on what we learned in Art Journaling and learn how to create more journaling pages. Pages we will create will include mixed media, quotations, stenciling, word collage and other ideas. Bring your art journal. No art experience is necessary. Prerequisite HB168 – Art Journaling or have art journaling experience. A supply list will be mailed.

Registration/cancellation deadline: June 10

Instructor: Karen Shannon HB 192 \$49

Wednesday, June 24 6:00pm – 9:00pm Business Building - 209

PAINTING/HOBBIES/CRAFTS

Watercolor-Pen and Ink

In class we will be painting landscape. We will all use the same drawing to start then we can learn as much technique as possible. We won't be held up by the drawing portion. We will go straight to pen and ink and then to the watercolor washes. You will learn different banking techniques to make different texture and be able to make a flat piece of paper appear to have perspective. This is a very enjoyable class for beginners to advanced painters. Join the fun! A \$35 supply fee is payable to the instructor in class which includes Arches watercolor paper, paints, brushes and a mat.

Instructor: Kathy Smith
CF 185 \$79
3 Mondays, June 8- June 22
6:00pm - 9:00pm
Science Building - 204



New! Oil Painting – Fresh Watermelon (still life)

This class offers step-by-step learning techniques for beginners and advanced painters. You will leave class with knowledge and a painting ready to frame and hang. A \$35 supply fee is payable to the instructor in class.

Instructor: Kathy Smith
CF 389 \$79
3 Mondays, July 6 – July 20
6:00pm – 9:00pm
Science Building - 205



Cement Art

Come have fun and learn about making cement art for your home and garden! We will show you how to make lightweight cement with our secret recipe or traditional cement techniques. You can choose from a variety of projects such as making planters, stepping stones, cement pillows for your garden path, fake rocks and more! You will learn about the different kinds of cement, colors, textures, materials, (lace, string, cloth) and more. We will show you how easy this is and how you can do this at home. Dress for the mess! No experience necessary! A supply fee of \$20 is payable to the instructor in class. This class is held at Jablon Studios, 10 Alice Street, Binghamton, NY 13904 (between Court Street and Robinson Street.)

Instructor: Emily Jablon
CF 384 \$59

Monday, June 15 5:00pm – 9:00pm Jablon Studios, Binghamton

WRITING/HOBBIES/PERSONAL ENRICHMENT

Media Literacy

With the rise of social media, it has become increasingly difficult to determine the difference between "fake" news and facts. In this introduction to media literacy, participants will learn:

- What media literacy is and its importance to all of us
- How Facebook and other social media determine what we see in our feeds
- How to spot and deconstruct questionable or fake content
- How to use fact-checkers to debunk or prove content

We will be meeting in a computer classroom so participants can learn to use the online tools introduced in the course. Participants will take away a packet of useful materials.

Instructor: Marcia Blackburn CP 082 \$39

Wednesday, July 22 6:00pm - 8:00pm Business Building - 030



Writing Your Own Life Story

Everybody's got a story – or more accurately, hundreds of them! Let former Press & Sun-Bulletin columnist, Valerie Zehl, help you tell yours! Looking back can also help you synthesize and make sense of what has happened in your lifetime. Don't worry if you're not a writer. You're a one-of-a-kind human being, and that's reason to celebrate by telling your story!

Instructor: Valerie Zehl
MN 719 \$59
3 Tuesdays, June 2 – June 16

6:00pm - 8:00pm Decker Building - 213

Peaceful Passing

When former Press & Sun-Bulletin columnist, Valerie Zehl, memorialized people who had recently passed away, she often heard about the chaos surrounding the death. How can YOU avoid leaving such stressful difficulties for your loved ones? Simple foresight is the key, and in this lighthearted class, she gives you the tools and guidance you need to position yourself and your family for your most peaceful possible passing.

Instructor: Valerie Zehl MN721 \$49 2 Thursdays, July 16 - July 23 6:00pm - 8:00pm

Decker Building - 213

A Word About Waiting

- Register early do it today! Each class has a minimum required enrollment.
- If you find a class you like, encourage a friend to join you. Sometimes two or three people make the difference between a "go" or "cancel"

So, the word about waiting is DON'T! Register NOW!

HISTORY/PERSONAL ENRICHMENT

New!

The Saka/Scythians: One of the Most Overlooked People of the Ancient World

From the Black Sea/Sea of Azov area and the Russian steppes, all the way over to China, a loose grouping of fierce nomadic horse-riding people held sway and acted as intermediaries between the Chinese and western Europe. Who were these people? Come and find out!

Instructor: Timothy Bridgman MN 740 \$49 2 Thursdays, July 23 – July 30 6:00pm – 8:00pm

Business Building - 213

Discovering Essential Oils - Gifts of Nature

Join instructor, Abby Jones, for this fun, yet informative class on Essential Oils! Abby is a Registered Nurse, Certified Aromatherapist, Certified Healing Touch Practitioner and Reiki Master and is passionate in sharing with others the truth about oils. How can you best use these oils to maximize their effectiveness? Come learn what to look for when purchasing oils, basic essential oil chemistry, how to dilute and blend, modes of application, and most importantly, how to use them safely! In addition to learning about the many therapeutic uses for oils for our physical and emotional health, you will also be touching on the study of vibrational aromatherapy and its role on balancing our subtle energetic system.

This is a hands on, integrative class. You will be able to make a summer essential blend to take home with you. A \$10 supply fee is payable to the instructor in class.

Instructor: Abby Jones MN 737 \$39

Wednesday, June 17 6:00pm – 8:00pm Decker Building – 313



Clutter Begone!

Use your pen as a magic wand to reduce clutter in your world. Write the histories of the items you've collected, the ones you most care about – and ship the items themselves off to a grateful thrift store! Former Press & Sun-Bulletin columnist, Valerie Zehl, can lead the way to decluttering your life!

Instructor: Valerie Zehl MN722 \$39

Wednesday, July 15 6:00pm – 8:00pm Decker Building - 213



HOBBIES/MUSIC



Beginning Guitar for Adults

Learn to play the guitar in a few short lessons. Bring your own guitar or a rented instrument (acoustic or electric with small practice amp). Begin with the basics learning guitar terminology, fret board layout, note values, rhythm, and progress to basic chords, melodies and easy songs. Classical, folk, rock, gospel, pop, flatpicking, finger-picking, and other styles are also covered. Emphasis is on learning and having fun! Receive individual as well as group instruction. The instructor provides one volume of music for a fee of \$3 paid to the instructor in class. Be prepared to enjoy yourself!

Instructor Eric Ross (BA, MA-SUNY) is a professional composer, performer and teacher. He has performed his works at Lincoln Center, Kennedy Center, Newport Jazz Festival, Montreux and North Sea Jazz Festivals. He has taught all levels of guitar for over 25 years and has a special interest in developing beginning musicians.

Instructor: Eric Ross

HB 069

\$69

5 Wednesdays, July 8 – August 5 6:30pm – 8:00pm Wales Building – 203B

Don't Wait Too Long!

Register early! Each class has a minimum required enrollment.

If you find a course that you would like to take, encourage a friend to join you. Sometimes one or two people make the difference between "go" or "cancel."

Many of our courses fill early. Don't be disappointed because you waited until the last minute.

Register Today
Call 778-5012 or go online at
www.sunybroome.edu/ce

New!

Nine Strings: Spring Into Summer with Duo

Spring and summer are a time for rebirth and growth. Join Duo Meridian for a performance of new compositions and other seasonal tunes featuring Robert Siegers (banjo) and Cricket Tombs (violin). Both Siegers and Tombs are well-known instructors/performers on their instruments. Enjoy an informative evening listening to the violin and banjo!

Instructor: Robert Siegers and Cricket Tombs HB 193 \$20

Wednesday, June 3 6:30pm - 8:00pm Decker Building - 201

Beginning Golf (Adults)

If you would like to learn the basics of golf, join us for four sessions of instruction in golfing fundamentals. Techniques include grip, stance, swing, rules, terminology, and etiquette. Please bring your own clubs as well as \$5 each week for driving range fees. All students must be in good physical health. Class is limited to 10 people. Classes may be rescheduled due to weather. Classes are held at Ely Park Golf Course Driving Range, 67 Ridge St. Binghamton, NY 13905.

Instructor: A.J. Majewski HB 910 \$99

4 Tuesdays, July 7 – July 28 5:30pm – 8:30pm Ely Park Golf Course Driving Range



FINANCIAL ENRICHMENT

You're an Executor: Now What?

Have you been named in a will as executor of an estate in New York State? You may need this hands on, A to Z course that explains the duties, obligations and liabilities of an executor. This comprehensive overview includes the forms for commencing the probate process through the closing of the estate. The focus of this class is on wills, rather than trusts, for residents of New York State. It is designed to address the concerns often experienced when people are faced with this seemingly overwhelming task. Learn to proceed efficiently and effectively and gain the confidence that comes from being informed.

Instructor: Karen McMullen, Levene, Gouldin & Thompson, LLP

FI 007 \$39

Thursday, June 4 6:30pm - 9:00pm Business Building - 209



Medicare 101

Are you currently enrolled in Medicare? Or are you soon to be eligible for Medicare? Will you be turning 65 over the next year? This class will give you a better overall understanding of Medicare and how it works. Learn about how and when to enroll, when you can make changes, and the insurance options available to you. Review and compare Medicare parts A, B, C and D. Explore and evaluate Original Medicare, Prescription Drug Plans, Medicare Supplement Insurance and Medicare Advantage Plans. Receive the most up-to-date information and simplify the choices you need to make. This program will help you become more well-informed and confident about what Medicare means for you! This class is in a webinar format. You will receive by email a webinar invitation after registration. You will need to have access to a computer with a camera, audio(microphone) and the internet from home.

Instructor: Jim Farnham, MBA, MS, Licensed Agent \$0

MN 646

Thursday, July 9 6:00pm - 8:00pm Online Webinar



HISTORY

New!

The History of Broome County

This class will investigate the history of Broome County and the surrounding area from prehistory to the present. We will look at common themes during different periods of history in Broome County and how they relate to regional, national, and international events. We will look at how Broome County is different or similar to other areas across New York State and the regional United States. We hope to learn something about our area and ourselves.

Broome County has been the site of a series of developments from the time of first human habitation over ten thousand years ago to waves of immigrants from nearly every part of the globe. It has been witness to Native American inhabitation, the arrival of canals and railroads, the development of major industries combined with the arrival of waves of immigrants, the reliance on Cold War industry at the time of great population shifts, and the downsizing of a familiar way of life.

But is Broome County unique, or is its history part of the larger scheme of American development? Nearby history, or local history as it will be called in this course, relies on looking at local developments as part of the "Big Picture." By looking at ourselves, we learn to understand others. (No class 6/30)

The recommended text Partners All: A History of Broome County, New York by Gerald R. Smith is available at the bookstore.

Instructor: Gerald R. Smith MN 741 \$89 5 Tuesdays, June 2 – July 7 6:00pm – 8:00pm Titchener Hall - 105

New!

Who Shot JFK? Assassination in American Culture

The assassination of President John F. Kennedy on November 22, 1963 was a turning point in American history. Despite the passage of time, there is still no consensus of what happened and who killed the President. Even more, how does the assassination fit into the events of the time? Assassinations, by their nature, might seem an aberrant event, but when examined more closely can be seen as a "sign of the times."

There have been over twenty-five assassinations and assassination attempts on the presidents. However, none of these events occurred in a vacuum – each was related, in some way, with the events of that time. This class will examine the assassinations and assassination attempts on the presidents dating from the time of Andrew Jackson to the current period. Each of these events will be examined to see how the act fits into the broader scheme of American history. In addition, there will also be briefer examinations of the assassinations of other well-known figures such as Huey Long, Malcolm X, Robert F. Kennedy, and Dr. Martin Luther King. Jr. (No class 7/1)

Instructor: Gerald R. Smith MN 742 \$89 5 Wednesdays, June 3 – July 8 6:00pm – 8:00pm Titchener Hall - 105



Gerald R. Smith

LANGUAGE



Conversational Spanish for Beginners

Instant immersion into Spanish helps you learn the basics of communicating in Spanish in a way that is easy and fun. This course includes many popular phrases and expressions and shows you how to use these phrases in real life situations and conversations. Textbooks are available at the SUNY Broome Bookstore.

Instructor: Madeline Cosme MN 341 \$79 5 Tuesdays, May 26 – June 23 6:00pm – 8:00pm

Business Building - 231

Conversational Spanish for Beginners II

This class is a continuation of Conversational Spanish for Beginners and continues the use of popular phrases used in everyday conversation. It also brings into play more hands on dialogues to help you become more comfortable speaking Spanish. Prerequisite: MN341 Conversational Spanish for Beginners or prior Spanish classes. Textbooks are available at the SUNY Broome Bookstore.

Instructor: Madeline Cosme MN 503 \$79 5 Tuesdays, July 7 - August 4 6:00pm - 8:00pm Business Building - 231

On the Road to French

Are you planning a trip to France or a French speaking country? This class for beginners provides the essential tools for discovering the French language with emphasis on structure and cultural context. Learning a foreign language is easy and enjoyable. Join Sam Goodyear for this fun, informative class.

This course consists of pronunciation, grammar, syntax, and useful expressions. The instructor will share some recommended information in class that is downloadable from a computer. (No class 7/1)

Instructor: Sam Goodyear MN 580 \$89 6 Wednesdays, June 3 – July 15 6:00pm – 8:00pm Business Building - 231



Basic Conversational Sign Language

This introductory course in sign language is designed to develop basic conversational sign vocabulary, expressive/receptive finger-spelling skills, and an appreciation of the language used by deaf/hard of hearing people. Recommended for any interested persons including those in business and industry, teachers, aides, co-workers, friends, family, etc. (No class 6/30)

Instructor: Luciana Sabatelli MN 157 \$89

6 Tuesdays, June 2 – July 14 6:00pm – 8:00pm Titchener Hall - 007

HOBBIES/PERSONAL ENRICHMENT



From Our House to Bauhaus

Don't know your Romanesque from your Renaissance Revival? Are the terms Doric, Ionic, and Corinthian all Greek to you? Join architectural historian (and SUNY Broome Instructor) Marcia Blackburn on an architectural tour of downtown Binghamton to learn more about the wide variety of architectural styles with which we live every day. Students will meet in front of the historic Carnegie Library, former home of the Broome County Library, and current location of SUNY Broome's Culinary Arts Center, at 78 Exchange Street, Binghamton, NY. Please dress appropriately for the weather. Wear comfortable walking shoes and bring water. Enrollment is limited.

Instructor: Marcia Blackburn MN 723 \$39

Wednesday, June 17 5:30pm – 7:00pm 78 Exchange Street, Binghamton

New!

Book Seminar – The Power of One by Bryce Courtenay

The Power of One is a novel brimming with drama, history, philosophy, humor, adventure and unforgettable characters. Set in apartheid South Africa during World War II, it is the coming-ofage story of Peekay, who overcomes multiple challenges and champions the efforts of others to do the same.

Instructor Sam Goodyear worked for several years in Southern Africa in the 1970s teaching at the first multi-racial school in the region. Moved so deeply by reading The Power of One when it was first released in 1989, (it is still in print), he wrote to the author, which led to a remarkable and richly rewarding friendship.

The course includes a screening of the film, which features Stephen Dorff, Morgan Freeman, Maximilian Schell, and Sir John Gielgud.



Register using promo code, BOOK by 6/23 and receive a \$5 early bird discount.

Instructor: Sam Goodyear MN 739 \$94

6 Tuesdays, July 7 – August 11 6:00pm – 8:00pm Business Building - 209



UB Evening Lecture Series

This summer, the University of Buffalo School of Continuing Dental Education is offering distance learning programs through Zoom.

All courses run from 6:00 P.M. - 9:00 P.M.



University at Buffalo The State University of New York

The University of Buffalo issues continuing education credits to dentists, dental assistants and hygienists.

The website to register is dental.buffalo.edu Click on Education, then Continuing Education

For additional classes and complete course descriptions, log on to: http://ubdentalalumni.com/index.php If you have any questions, please email reneewoo@buffalo.edu



COMPUTERS

Computers for Absolute Beginners

Have you been putting off taking the plunge into the world of computers? Do terms like "hard disk" and "system unit" boggle your mind? This course is taught at a S-L-O-W pace for the computer novice. We promise to be gentle with you and bring you into the company of the computer literate! Learn basic computer terms and the components of a computer system. Emphasis is placed on learning the functions of the keyboard, mouse, Windows, and word processing. Also cover the use of the Internet, purchasing a computer, and selecting an Internet service provider. This course gives you the fundamentals to progress into other computer courses with comfort. Each person has their own machine. Students should bring a thumb drive to class.

Instructor: Barb Cargill

CP 104 \$129

Monday & Wednesday, June 8 - June 17

5:30pm – 8:00pm Business Building - 030



Develop Your Computer Skills

If you have already taken Computers for Absolute Beginners or have a little computer experience and want to take the next step toward building your computer skills, this course leads you out of the world of the computer challenged.

Topics include:

- Basics of disk & file management
- Run multiple programs at once
- Customize your desktop
- Control Panels
- Word processing and document editing
- Remote media storage (CD burning, thumb drives, etc.)
- Scanning and printing

Familiarity with a keyboard, mouse, and MS Windows skills are required. Participants should bring a thumb drive to class.

Instructor: Barb Cargill

CP 148 \$129

Mondays & Wednesdays, July 6 - July 15

5:30pm - 8:00pm

Business Building - 030



Students are required to use USB-style flash drives or thumb drives in our computer labs as a method of saving

or backing up work associated with SUNY Broome courses. They can be purchased at the College's Bookstore or any local store that sells computer supplies.

Are You Interested In Sharing Your Time and Talent With The Community?

The Office of Workforce Development and Continuing Education seeks instructors for non-credit classes. If you have a special skill or qualification and would like to share your knowledge and experience with the community, please email **Colleen Culverwell** at **culverwellcm@sunybroome.edu** or call **607-778-5012** to request course proposal forms.



PROFESSIONAL DEVELOPMENT

Infection Control

Completion of this course fulfills the NYS requirement for RNs, LPNs, dentists, podiatrists, optometrists, and dental hygienists to have course work in infection control and barrier precautions prior to issuance of their license or renewal of registration.

Topics include:

- Professional responsibilities for infection control
- Modes and mechanisms of disease transmission and strategies for infection control
- Use of engineering and work practice controls
- Selection and use of barriers and personal protective equipment
- Creation and maintenance of a safe patient care environment
- Prevention and control of communicable diseases in health care workers

For dental hygienists: To ensure you receive the proper completion certificate, please notify the Continuing Education office at the time of registration.

Instructor: Kathy Giunta-Lenci, RN BSN CE 175 \$39

Thursday, June 4 6:00pm - 9:00pm Decker Building - 201

Preparation for the Notary Public Examination

This workshop prepares you for the New York State Notary Public test and will provide you with a comprehensive view of the Notary Public office. Confusing laws, concepts, and procedures will be clearly explained and clarified. Examples will be provided to illuminate situations that a Notary Public officer is likely to encounter. Topics include avoiding conflicts of interest, maintaining professional ethics, charging proper fees, handling special situations, when to defer to an attorney, and minimizing legal liability. This workshop is a must for Notary Public candidates to become fully aware of the authority, duties, and responsibilities involved in this office. All materials will be provided, including website links to NYS Department of State licensing information, booklets, and forms. Also featured is an 80 question practice exam which attempts to emulate the actual New York State mandatory exam.

Instructor: Victor Bujanow has been a practicing Notary Public and Notary Signing Agent for over 25 years.

Instructor: Victor Bujanow

CS 350 \$59

Thursday, July 9 12:30pm – 4:30pm Titchener Hall - 108

Eight Hour Pre Assignment Training for Security Guards

This course is required by New York State as the first step in obtaining a security guard registration card from the New York State Department of State.



This course provides the student with a general overview of the duties and responsibilities of a security guard. This mandated training course covers security guard basics:

- Role of a security guard
- Legal powers and limitations
- Emergency situations
- Communications and public relations
- Access control
- Ethics and conduct

All participants must pass an examination at the conclusion of class with a grade of at least 70%. The test covers material presented in class and is in a true/false & multiple choice format. Names of those who successfully complete the course and exam are recorded with the NYS Division of Criminal Justice Services Security Guard Program.

Cancellation Policy: (for Security Guard classes only)

All students will be entitled to a 100% refund prior to the start of instruction and a 50% refund if the cancellation is before the start of the second session. To cancel, call the Continuing Education office at (607)778-5012. To report concerns or complaints about the course, contact Continuing Education or the Division of Criminal Justice Services at (518) 457-2667.

Instructor: Bonnie Underwood CE 400 \$109

Tuesday & Wednesday, June 2 – June 3 5:30pm – 9:30pm Business Building - 209

Entrepreneurship
Assistance Centers

Cooking Up Business Success!



SUNY Broome Community College Continuing Education will have an Information Night & Registration for the Entrepreneurial Assistance Program on August 24, 2020 from 6:00 P.M. - 8:00 P.M. at the Koffman Southern Tier Incubator.

Enroll in a 60-hour program Mondays and Thursdays September 14, 2020 - December 10, 2020 6:00 p.m. - 9:00 p.m.

Program encompasses:

- Keys to Your Business Success
- Assessing Your Business Idea & Expenses
- Business Planning
- · Marketing Plan
- Management
- Market Analysis
- Government Regulations

- Product and Price
- · Placement and Promotion
- E-Commerce
- · Selling Success
- · Financial Feasibility & Projections
- · Managing Money
- · Legal Tips and Financing Options

Cost of the program would be **\$3,600** but is funded by a grant from Empire State Development

ONLY \$149

register by 8/25/2020

(\$199 afterwards)

Program includes:

- Client Advisory Group Made up of community business representatives, economic development agencies, bankers, U.S. Small Business Administration, SCORE Chapter 217, and financial services
- One-on-one coaching Program instructor, subject matter experts from SCORE, SBDC, SBA
- ▶ Business Plan Competition Cash prizes donated by local area banks, organizations and past clients for help in starting your business

CONTACT: Darlene Kanuk at 607-777-4022, kanukda@sunybroome.edu MORE DETAILS: www.sunybroome.edu/web/www/eap



Building Small Business Success Since 2005!



SUNY BROOME CONTINUING EDUCATION

Veteran Susiness (VoB) and

Veterans,

You served us, now let us serve you!

Veterans Small Business
Training Program

Cost is ONLY \$25 for all Veterans

INFORMATION/REGISTRATION NIGHT August 24, 2020 6:00 p.m. - 8:00 p.m.

ENROLL IN A 12 WEEK, 60-HOUR PROGRAM September 14, 2020 - December 10, 2020 Mondays and Thursdays, 6:00 p.m. - 9:00 p.m. at the Koffman Southern Tier Incubator 3rd floor classroom Cost of the program would be \$3,600 but is funded by a grant from Empire State Development

Program encompasses:

- Keys to Your Business Success
- Assessing Your Business Idea & Expenses
- Business Planning
- Marketing Plan
- Management
- Market Analysis

- Government Regulations
- Product and Price
- Placement and Promotion
- E-Commerce
- Selling Success
- Financial Feasibility & Projections
- Managing Money
- Legal Tips and Financing Options

Program includes:

- Client Advisory Group Made up of community business representatives, economic development agencies, bankers, U.S. Small Business Administration, SCORE Chapter 217, and financial services
- One-on-one coaching Program instructor, subject matter experts from SCORE, SBDC, SBA
- Business Plan Competition Cash prizes donated by local area banks, organizations and past clients for help in starting your business

CONTACT: Darlene Kanuk at 607-777-4022 kanukda@sunybroome.edu www.sunybroome.edu/eap



HEALTH AND WELLNESS

How to Quickly De-stress at Work or Home

What do you do when you are the one who needs a break? Learn how to "reset" your own system with this evidence-based, easy method for releasing stress "on the fly" and "in the moment". This class will give you on overview of the physiology of stress and teach you a simple tool for bringing your system back into balance. Learn how to let go of draining emotions such as anger. fear and frustration in two minutes or less. Using iust your breath and focused intention, you will learn how to become both relaxed and energized. With consistent practice, this technique may help you to reduce anxiety, sleep better, and improve your ability to think clearly. Rick Gridley, the instructor, has been teaching this technique since 2004.

Instructor: Rick Gridley
MN 735 \$34

Thursday, June 18 7:00pm – 8:30pm Titchener Hall - 009



Introduction to Touch for Health Kinesiology

An informative and fun class for everyone. Learn what manual muscle testing is and how it can be used for physical, emotional and nutritional biofeedback through the methods of TFH kinesiology. This two-hour class will be interactive and there will be live demonstrations and discussion. This class is perfect for anyone interested in discovering more about Applied Kinesiology, or for those interested in pursuing the programs of Touch for Health Kinesiology in future classes.

Instructor: John Perestam, LMT, Professional Kinesiology Practitioner, and Touch for Health Kinesiology Instructor

WE 340 \$39

Thursday, July 30 6:00pm – 8:00pm Decker Building - 213



The New York State Impaired Driver Program at SUNY Broome

If your license or privilege to drive in New York State is suspended or revoked for an alcohol or drug-related driving conviction, you may be eligible for a conditional driver's license or full restoration of your driving privileges if you participate in New York State's Impaired Driver Program (IDP).

SUNY Broome has sponsored the Impaired Driver Program since 1975. It is part of New York's effort to reduce personal and property losses caused by drivers under the influence of alcohol or drugs. With the guidance of SUNY Broome's experienced educational staff, participants discuss the social, medical, legal, and driver safety problems caused by alcohol and other drug abuse. The program includes classroom education, screening, and, if warranted, evaluation and treatment.

The 16-hour, seven-session program is held in SUNY Broome classrooms at locations in Binghamton allowing participants to attend the program in a convenient, confidential, and accessible setting.

Weekday evening and Saturday morning classes are available. Two to four new classes begin each month, so there is rarely a long wait to begin the program. The course fee is \$234; several payment methods are available. Enrollment is limited only to those motorists referred to the program by the New York State Department of Motor Vehicles.

Contact SUNY Broome's Impaired Driver Program director at 607-778-2056 for further information.

PERSONAL ENRICHMENT/SPIRITUALITY

How to See Auras



We are all energy beings. Whether it is mental or emotional energy, each of us has observed the effects of our energies or those of another. While usually invisible to the naked eye, these energy patterns can actually be seen by anybody. Learn how to see energy and explore how it can be measured, created,

and used to benefit yourself and others. Come to understand how we use this ability every day, and learn how to use it to improve your life.

Instructor: Carol Nojaim MN 085

Tuesday, June 9 6:00pm – 7:00pm Decker Building - 118

Connecting With the Other Side

Do you want to develop a deeper connection to passed-on loved ones and other spiritual guides? In this introductory class, learn to recognize your own intuitive style, develop your own symbolic shorthand and, through guided visualization, create ideal conditions for connecting with the other side. Also witness a skilled psychic medium present and interpret messages. See exactly what constitutes a message from the other side and how mediums work.

Instructor: Carol Nojaim MN 117 \$24

Tuesday, June 2 6:00pm – 7:00pm Decker Building - 118



Carol Nojaim

Contacting Your Spirit Guides & Angels

You are not alone. Become reacquainted with your guides so that you can benefit from their assistance and advice directly, without depending on another person to do the channeling. Learn a number of techniques that allow you to become familiar with the windows of opportunity to communicate and develop your spiritual communication skills.

\$24

Instructor: Carol Nojaim MN 716

Tuesday, July 7

6:00pm - 7:00pm Decker Building - 118





START FRESH OR SHARPEN YOUR SKILLS

Learn the additional you need to get started or move up in your career. Our new Culinary and Event Center is conveniently located in downtown Binghamton and features state-of-the-art production kitchens, a tiered demonstration kitchen, a fully equipped beverage lab and cocktail lounge, a full dining room, modern lecture hall, and more!

Add to the skills you already have.

Take your culinary skills to the next level, with courses in professional cooking, baking, garde manger, catering and more! Or explore other aspects of the hospitality industry, including bartending, floral design, event management and wedding planning.





Learn something new.

Take your knowledge of the hospitality industry to the next level, with courses in nutrition, hospitality law, menu merchandising and marketing, human resources, cost control and more.

Get certified.

Depending on your coursework, you can achieve certification in:

- TIPs® Responsible Service and Seller
- ServSafe® Food Safety Manager
- Allergen Training from the NRAEF
- AHA Compliant CPR



APPLY TODAY AT WWW.SUNYBROOME.EDU/CULINARY

SOCCER/CREDIT COURSES



SUNY Broome Hornet Soccer Camp

The Hornets Soccer Camp is entering its Fourteenth year and has successfully trained hundreds of area players. The camp is sponsored by the SUNY Broome Department of Athletics. Bill Rich, the camp director is entering his twenty-fourth season as Head Women's Soccer Coach at SUNY Broome. Camp Coaches Bill Rich and his Associate Coach Chris Grafton bring a wealth of knowledge along with the ability to teach to the camp. The Lady Hornets overall record of 332-83-13 has produced 31 All Americans, as well as numerous All Region and All Conference players, and are three time NJCAA National Champions.

Campers age 7 - 11

This camp is for players ages 7-11 who want to learn new skills and refine the skills they have already developed. Emphasis will be on technical (individual) training and small group tactics to implement the techniques learned. Training by our experienced staff.

Campers age 12 - 16

This camp is for players ages 12-16 who want to refine their skills and learn how to use them in functional game like situations. Special emphasis will be given to small group positional training. This group will be trained by SUNY Broome staff College level Coaches.

Dates; Monday through Friday July 13th - July 17th.

Times: Daily from 8:45-2:15

Morning Session 8:45 - 11:00, Lunch 11-12, Afternoon session 12:00 - 2:15

Cost: Full Day - \$135.00, Half day - \$85.00 Cost includes camp t-shirt

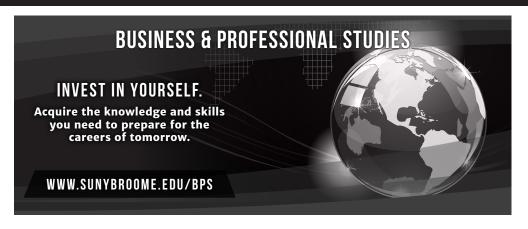
Checks payable to the SUNY Broome Dept. of Athletics with Soccer Camp in memo.

Register on line at www.hornetsoccercamp.com or pick up registration forms at either SUNY Broome athletics office, The Greater Binghamton Soccer Dome, or Rt. 434 Sports Complex.

Registration deadline: 7/6/2020

Additional registration forms, questions, or information can be obtained by contacting Camp Director Bill Rich at bccwomenscoach@gmail.com or by text at 607-760-1860





HEALTH SCIENCES YOU HAVE THE DESIRE TO HELP...

WE'LL GIVE YOU THE SKILLS TO HEAL.

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OUR PEOPLE LIVE TO TEACH.

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Continuing Education



Refund Policy

Because Continuing Education classes are self-supporting, we count on registration fees to pay the salaries of our instructors, as well as for supplies and equipment. Accordingly, we will be happy to issue a full refund up to five business days prior to the starting date of the class or before the advertised registration deadline. These requests can be made directly to Continuing Education, 778-5012.

Check Policy

Please note that SUNY Broome will charge \$25 for any returned check.

Cancellations

If the College cancels any course for any reason, those pre-registered for that course will be notified by telephone (provided that the College has been given a daytime phone number), and payments will be refunded by check. SUNY Broome reserves the right to substitute instructors, adjust pricing, and/or reschedule classrooms, if necessary. In the event of severe weather conditions or emergencies, it may be necessary to cancel or reschedule particular course sessions.

Announcements of emergency cancellations will be made on all area radio stations.

Registrations

You are urged to register as soon as possible for any course you wish to take. Each course requires a minimum number of registrants before it can run. As a general rule, a final decision whether to run a course or cancel it is made one week in advance of the scheduled starting date.

SUNY Broome does not advocate any particular point of view presented in the courses offered in this catalog.

Unless otherwise stated, all classes are designed for participants aged 17 and over.

Please refer to IRS Publication 970 or your tax advisor to determine eligibility for Hope, Lifetime Learning, and/or Student Loan Interest Education Credits on your own or your family's tax return.

SUNY Broome does not discriminate on the basis of race, sex, color, religion, age, national origin, disability, marital status, sexual orientation, or status as a disabled veteran or veteran of the Vietnam era in the recruitment or education of students; the recruitment and employment of faculty and staff; or the operation of any of its programs or activities. Where relevant, state and federal laws apply.

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SUNY Broome Continuing Education

The programs and courses advertised in this catalog are all non-credit offerings supervised by the College's Continuing Education office. While the instructional staff includes many teachers from the regular degree program, the courses are not supervised by the College's academic departments and are not transferable for academic credit. These non-credit programs are self-sufficient and are not subsidized by tax dollars.

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PARKING

Parking at SUNY Broome

Everyone registering for a Continuing Education class will receive a confirmation email. This email contains your parking permit. If you require handicapped parking access, you must display your handicap tag/plate <u>and</u> your Continuing Education parking pass.

If you do not have an email address, a receipt and a parking permit will be mailed to you. If you register for a class by phone too late for a permit to be mailed to you, stop at the Continuing Education office to pick one up before parking for your class. The office is located at Wales Building, Room 115.

Parking Evenings, Weekends

Students may park in MOST lots after 5:00 P.M. and on weekends. However, the following general parking regulations are always in effect:

- No parking is allowed on grass, roadways, or parking lot perimeters.
- No parking is allowed in the Visitor's parking lot in front of the Wales Building.
- No parking is allowed in Lot 17, which is reserved at all times for staff.

Please know that violators of these regulations will be ticketed and fined.

Although there are small lots immediately adjacent to campus buildings, these lots are often full by 5:30 p.m. Continuing Education recommends using the main campus parking lot (Lot 1), which is just minutes away from all buildings. The South Entrance to the campus leads most quickly to Lot 1. From that lot there are four pathways to various sections of campus (see map).

Parking Weekdays

If your class is scheduled during weekdays, when credit courses are in session, please use your Parking Permit for any student lot (see map). Parking in other areas will result in a ticket and a fine.

AT......Applied Technology Building (Conference Center)

BB.....Business Building

BC.....B.C. Center (child care)

CAM..Calice Advanced Manufacturing Center

CS......Campus Services Building Bookstore

DH.....Decker Health Science Center

IC.....Ice Center

LI....Learning Resources Center/Library

NSC.....Natural Science Center

PSPublic Safety

SB......Science Building

SC.....Student Center Complex

Quad Entrance:

Theater, Food Court, Dining Room, Campus Shop

Gymnasium Entrance:

West Gym, Dance and Fitness Rooms

SSStudent Services Building

SVStudent Village

TH.....Titchener Hall

WC....Darwin R. Wales
Administration Building

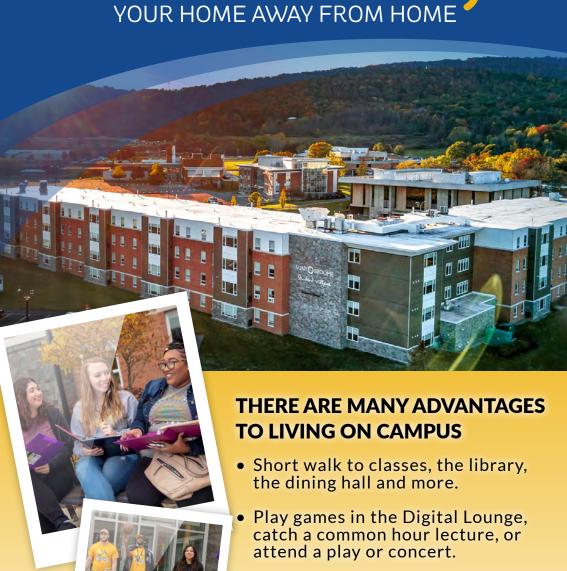
Continuing Education Office is located in the Wales Building, Room 115



with the exception of two designated smoking gazebos (SG)







- Go skating at the Ice Center, cheer for the Hornets Athletics, work out at the campus Fitness Center or use the gym located in the Student Village.
- Take a relaxing hike in the SUNY Broome Nature Preserve.

Reserve your room today!
SUNYBROOME.EDU/HOUSING

See website for registration date

Continuing Education SUNY BROOME

Registration Form

(fields marked with an asterisk (*) are required)

*Name:			
Last		First	MI
*Home Address:			
	Street/PO Box		
_	City	State	Zip
Evening Phone:		*Day Phone:	
*Email:		*Date of Birth:	
COURSE CODE	COURSE TITLE		FEE
		Т	OTAL:

4 Convenient Ways to Register

1. Mail-In: (Check or Money Order payable to SUNY Broome)

Complete a copy of the registration form above for <u>each</u> person registering and mail it to SUNY Broome Continuing Education, PO Box 1017, Binghamton, NY 13902. If you are registering within 7 days of the start of your class, please register in-person or online.

- 2. Online: (MasterCard or VISA) Log on to www.sunybroome.edu/ce, create an account and sign in, then choose your classes.
- 3. Phone-In: (MasterCard or VISA)

 Please have all information requested on the mail-in form ready for each person you are registering. Call (607) 778-5012.
- 4. Walk-In: (Continuing Education, Wales Building, Room 115)
 Payment for walk-in registration by check or credit card is preferred. If paying with cash, please bring the exact amount. Continuing Education Hours: Monday Thursday, 8 am 7 pm and Friday, 8 am 4:30 pm.

We cannot reserve a seat in any class without payment.

Refunds issued up to 5 business days before any course's starting date or stated registration deadline.